



Celebrate civil rights on January 18

Martin Luther King Day is a US holiday held on the third Monday of January. It celebrates the life and achievements of the civil rights leader and his campaign for racial equality.

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Step out

Kickstart a new fitness regime with free guided walks around London.

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Out & About

In the footsteps of Dr King



Memphis sanitation workers' strike, 1968 (© Ernest C. Withers)

BY JACQUELINE HARTHILL

AS historic numbers flee war and poverty all over the world, Martin Luther King's call for universal economic justice still holds true today.

Martin Luther King Day, presented by Journey to Justice at the V&A Museum of Childhood, will use talks, film and performance to discuss the legacy of the American civil rights leader. It will also discuss the racial, economic and health challenges faced by immigrants to the East End.

Speakers at the event include a writer, educator, poet and artist along with students from Bethnal Green Academy who will demonstrate the impact of migration on children and families and how communities organise to secure their rights.

The event is part of the exhibition season *On their Own: Britain's Child Migrants*,

which is on display at the Bethnal Green museum until June 12.

Journey to Justice is run by a group of educators, artists,

historians, young people, lawyers, human rights activists, archivists, media workers and faith representatives.

The group illustrates historical

and contemporary human rights struggles worldwide to show how grassroots movements can bring about profound and sustained social change.

Martin Luther King Day is on Monday, January 18 from 6.30-9.30pm at the V&A Museum of Childhood, Cambridge Heath Road, E2.



The National Welfare Rights Organization marching to end hunger as part of the Poor People's Campaign, 1968 (Jack Rottier, Special Collections and Archives, George Mason University Libraries)

News in brief

Winter wanders

IF you have decided that you want to make walking part of your fitness routine this New Year, why not take part in one of Transport for London's (TfL) free guided walks?

The walks, which take place over the weekend of January 23 and 24, are led by experienced Walk London guides.

There are 43 to choose from on the Winter Wanders weekend including an animal-themed stroll through the City. They range from short strolls to more challenging routes, are family-friendly and all start and finish within easy reach of public transport.

On Sunday, January 23, a Seafaring London walk takes you from Tower Bridge to Greenwich, through Shad Thames and looking across the water at St Katherine's Dock, Wapping, Limehouse and Millwall.

For full list of Winter Wanders, visit www.walklondon.org.uk. For more information, visit www.tfl.gov.uk/walking



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